

January 2026 | Nicolet Highlands

HIGHLANDS

Happenings

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**HIGHLANDS
COMMUNITIES**
Apartments & Townhomes 55+

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PAST ACTIVITIES & RECREATIONAL EVENTS



UPCOMING SPOTLIGHT EVENTS



Puppy Palooza
TUESDAY, JANUARY 6TH AT 10:30 AM | COMMUNITY ROOM
Get your puppy fix! Suann from Rose Garden Kennels will be bringing 2 litters of Cavalier King Charles Spaniels for your snuggling enjoyment.
This event is free. RSVP Not Required



The Morning Blend
FRIDAY, JANUARY 9TH AT 10:00 AM | COMMUNITY ROOM
Start your day with coffee and connection at The Morning Blend! This relaxed gathering brings together residents and our Resident Services Team to share conversation and a warm sense of community.
This event is free. RSVP Not Required



Carny Road - Timeless Tunes
TUESDAY, JANUARY 13TH AT 3:00 PM | COMMUNITY ROOM
Step back in time with classic hits from the 60's and earlier. Enjoy the rich blend of guitars, harmonica, timeless charm of the ukulele. Whether you're a fan of old-school rock 'n' roll or golden-era classics, Carny Road brings the music to life with heart!
This event is free. RSVP Not Required



Smokin' Good Times
THURSDAY, JANUARY 22ND AT 5:00 PM | COMMUNITY ROOM
Join us for a relaxed evening with friends and neighbors! Enjoy smoked meatloaf, mac & cheese, coleslaw, cornbread, and dessert—catered by Marko's Smoking BBQ. Sign up to save your spot!
\$15 per person. RSVP by Wednesday, January 7th



Knee Deep
TUESDAY, JANUARY 27TH AT 10:00 AM | COMMUNITY ROOM
Prevea orthopedic specialist and physical therapist will be here to discuss exercises, tips to avoid overuse, injuries, and treatment options for knee and joint pain as we age.
This event is free. RSVP Not Required

*We look forward to having you join us!
For a complete list of activities and events taking place
this month at the Highlands, visit our Activity Calendar on pages 6-7.*

RESIDENT REMINDERS



January, the first month of the year. A perfect time to start all over again. Changing energies and deserting old moods. New beginnings, new attitudes.

-Charmaine J Forde

Congratulations!

Who won \$100? 

This month's winner of our \$100 lease renewal drawing is Patricia C.



Snowplow Awareness

Be watchful of snowplows when it snows. If you have a car parked in the lot, please try and move it so the plow can clear the entire lot. The weather has been very unpredictable this season and we thank you for being patient.

Common Area Temperatures

Community Room & Library temps are set to 72°-74° and hallway temps are set to 70°. Please contact the Resident Services Office if you notice any problems.

Doors

You may have noticed, the change in Wisconsin weather temperatures can often times impact the operation of the automatic doors and the mechanism used to properly close them. We kindly request that you take some extra time to ensure that all doors close behind you when entering and leaving the building. Your cooperation is greatly appreciated.

Activity & Upcoming Events Sign Up Sheet

THE MORE THE MERRIER! PLEASE JOIN US!

We love to see our residents participating in the many activities offered at our community. Be sure to sign up for the event you wish to attend using the Sign Up Sheet provided in this newsletter. Our calendar will list all of the events and many of them will be featured as Spotlight Events in this newsletter as well. Attend them ALL, or simply select your favorites! We look forward to seeing you at the upcoming activities and events this month.

Slow Down You're Moving Too Fast

FRIENDLY REMINDERS FOR DRIVERS IN OUR COMMUNITY

Patience is a virtue and in a parking lot and on the roads that connect our community buildings, that virtue can be tested. That patience, however, can preserve damages to your car, to other's cars, surrounding landscape, and the likelihood of injury to pedestrians. Please take things slow when driving in/out and around our community and parking lots. If you see someone speeding in the parking lot or surrounding areas of our community, please let the office know by providing a description to the best of your ability of the make/model and color of the speeding vehicle.

Please also remember that the garage doors are set for sufficient time for one vehicle to pass through. We are not responsible for any damage to cars that "piggyback" each other to enter or exit the underground parking garage.

While driving in the underground parking garage, please be aware and on the lookout for residents who may be walking in the garage to/from their cars as well as those around the waste receptacle area/recycling and trash.

Celebrate Good Times

THURSDAY, JANUARY 8TH AT 2 PM
COMMUNITY ROOM
RSVP BY MONDAY, JANUARY 5TH

BIRTHDAY CELEBRATION

Is your birthday in January? Be our guest as we celebrate all of our residents with January birthdays. All are welcome to enjoy treats and coffee while we celebrate. This event is free for residents with a birthday in January -



Common Area Spills or Areas Requiring Attention

While we appreciate our resident's willingness to keep the common areas of our community clean, if you see a spill or mess that requires attention, please do not clean up the mess yourself. Instead, please contact our Resident Services Office so that we can take care of the clean up to ensure it's done properly and thoroughly. Thank you for your cooperation and assistance.

Resource Center

DID YOU KNOW WE HAVE A RESOURCE CENTER?

Our Resource Center is located in the Library and contains information from various service providers who cater to the needs of those 55 and better. Enjoy information on cleaning services, home health care services, restaurant menus, coupons and more!

Check out the resources available to you today!



Don't wait for the perfect moment. Take the moment and make it perfect.

Zoey Sayward



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
	JANUARY 2026 ACTIVITY & EVENTS CALENDAR			NEW YEAR'S DAY Office Closed	9 am Exercise 10am Coffee 11 am Shuffleboard 6 pm Sheepshead	1 pm Hand & Foot National Mind-Body Wellness Day
4	5	6	7	8	9	10
Packers vs. Vikings Time TBD	9 am Exercise 2 pm Arts & Crafts 6 pm Hand & Foot	9 am Exercise 10:30 am Puppy Palooza 1 pm Penny Bingo 6 pm Sheepshead	9 am Exercise 10 am Fire Alarm Testing 11 am Shuffleboard 4:30 pm WineDown	9 am Chair Yoga 2 pm Birthday Dessert 6 pm Sheepshead	9 am Exercise 10 am The Morning Blend 11 am Shuffleboard 1 pm Communion 6 pm Sheepshead	10:30 am BookClub 1 pm Hand & Foot NFL Playoffs Wild Card Round Games at 3:30 PM & 7 PM
11	12	13	14	15	16	17
NFL Playoffs Wild Card Round Games at 12, 3:30 & 7 PM	9 am Exercise 2 pm Arts & Crafts 6 pm Hand & Foot	9 am Exercise 3 pm Carny Road 6 pm Sheepshead	9 am Exercise 11 am Shuffleboard 6 pm Bingo	9 am Exercise 1 pm Hand & Foot 1 pm Cribbage 6 pm Sheepshead	9 am Exercise 10 am Coffee 11 am Shuffleboard 6 pm Sheepshead	1 pm Hand & Foot NFL Playoffs Divisional Round Games at 3:30 PM & 7:15 PM
18	19	20	21	22	23	24
NFL Playoffs Divisional Round Games at 2 PM & 5:30 PM	Martin Luther King Jr Day 9 am Exercise 2 pm Arts & Crafts 6 pm Hand & Foot	9 am Exercise 1 pm Penny Bingo 6 pm Sheepshead	9 am Exercise 11 am Shuffleboard 6 pm Wine Down	9 am Exercise 1 pm Hand & Foot 1 pm Cribbage 5 pm Smokin' Good Times	9 am Exercise 10 am Coffee 11 am Shuffleboard 6 pm Sheepshead	1 pm Hand & Foot National Compliment Day
25	26	27	28	29	30	31
NFL Conference Championship 5:30 PM	9 am Exercise 2 pm Arts & Crafts 6 pm Hand & Foot	10 am Knee Deep 6 pm Sheepshead	9 am Exercise 11 am Shuffleboard 6 pm Bingo	9 am Exercise 1 pm Hand & Foot 1 pm Cribbage	9 am Exercise 10 am Coffee 11 am Shuffleboard 6 pm Sheepshead	1 pm Hand & Foot National Hot Chocolate Day

JUST FOR FUN



To appreciate the beauty of a snowflake it is necessary to stand out in the cold.

-Aristotle



WHAT'S COOKING

White Chicken Chili

This white chicken chili is full of flavor and ideal for a quick, hearty meal—especially on a cold winter night. And the best part is that it comes together easily in one pot and also freezes well, making it a great option for meal prep or leftovers.



Fun Facts About New Year's Resolutions

The tradition of New Year's resolutions dates back over 4,000 years to the ancient Babylonians. During a 12-day festival called Akitu, they made promises to their gods to pay debts and return borrowed items—early versions of resolutions!

The Romans later adopted similar practices, offering resolutions to Janus, the two-faced god of beginnings. Today, while fitness goals top most lists, only about 9% of people actually stick to their resolutions. Still, the hope of a fresh start keeps the tradition alive



Back Then In History

On January 17, 1867, Frank Lloyd Wright was born in Richland Center, Wisconsin. Widely considered one of America's most influential architects, Wright pioneered the Prairie School movement and designed iconic buildings like Taliesin in Spring Green. His philosophy of organic architecture emphasized harmony between human spaces and nature. Wright's legacy continues to inspire architects around the world, with more than a dozen of his structures still standing throughout Wisconsin.



Top Ten

COZY THINGS TO DO INDOORS DURING COLD WINTER MONTHS

Staying in can be just as enjoyable as going out, especially when it's January in Wisconsin. Check out these Top 10 cozy things to do inside the comfort of your own home.

1. Read a new book
2. Make hot cocoa
3. Try a new recipe
4. Do a puzzle
5. Stream a movie
6. Light a candle
7. Listen to calming music
8. Knit or crochet
9. Organize a drawer
10. Start journaling

Stay warm!

INGREDIENTS

- 1 tablespoon olive oil
- 3 skinless, boneless chicken breast halves
- 1 large onion, chopped
- 2 cloves garlic, minced
- 5 ¼ cups chicken broth
- 3 (15 oz) cans cannellini beans, rinsed
- 2 (4 oz) cans chopped green chiles
- 1 tablespoon dried oregano
- 1 teaspoon ground cumin
- 2 pinches cayenne pepper (or to taste)
- ¼ cup chopped fresh cilantro (or to taste)
- ½ cup shredded Monterey Jack cheese
- Salt to taste

STEP 1: In a dutch oven, heat olive oil over medium heat. Sauté chicken, onion, and garlic until chicken is lightly browned, about 5 minutes.

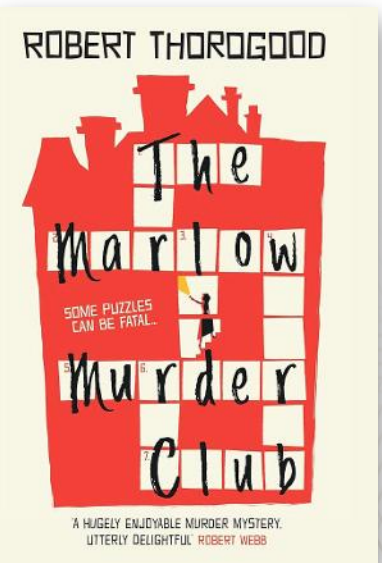
STEP 2: Transfer chicken to a cutting board and cut into bite-sized chunks. Return to pot.

STEP 3: Add broth, beans, chiles, oregano, cumin, and cayenne. Simmer 30-40 minutes.

STEP 4: To serve, place cilantro in bowls, ladle chili over, and top with cheese and salt to taste.

Source: Allrecipes.com

Warm up with chili!



Shelf Indulgence

THIS MONTH'S BOOK RECOMMENDATION

The Marlow Murder Club by Robert Thorogood

When 77-year-old Judith Potts spots something suspicious from her riverside home, she stumbles into a real murder mystery—and decides to solve it herself. Teaming up with two unlikely new friends, Judith forms an amateur sleuthing trio in the sleepy English town of Marlow. Witty, charming, and full of cozy intrigue, this book is a fun and clever read perfect for spring afternoons. Fans of light mysteries and lovable eccentrics will be hooked.

CONTACT INFORMATION



Main Office

Mon - Fri, 10am - 3pm
Phone: (920) 299-5255
Fax: (920) 964-1503

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Evenings & Weekends EMERGENCIES ONLY
(AnSer) (800) 263-6148

MAINTENANCE TEAM
Paul Dombrowicki
Joe Wenzel
Troy Heglund - On Call
Ron Salentine - On Call

Community Engagement Coordinators

Debra Owens **Mary Melchior**

Your Feedback is Important To Us TELL US WHAT YOU THINK

Our team works hard to ensure that your expectations are not only met, but exceeded. We send general feedback surveys when the following touch points take place:

- Following your move in
- Completion of a maintenance request
- At lease renewal

Following a move out

Your feedback is extremely important to us and we appreciate your kind words and recognition of our team members and services. We also appreciate when you take the time to tell us where we may have fallen short so that we have an opportunity to improve.

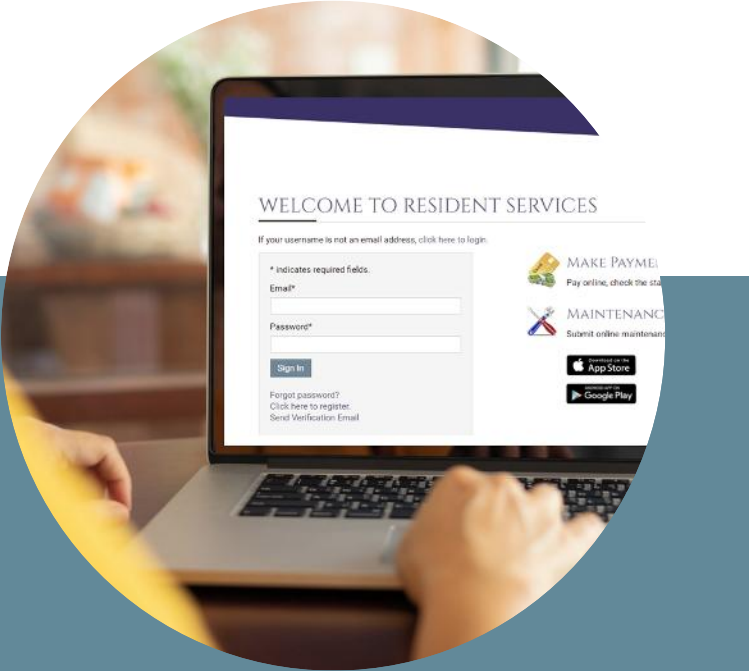
Our community is only as good as our residents' satisfaction and we appreciate you taking the time to share your feedback with us.

Resident Portal

Make rent payments. Pay online, check the status of your payments, review your payment history, submit maintenance requests and view event invitations.

Our resident portal is an online tool for you to be able to take care of some things without having to wait for the Resident Services Office to open. It's easy, it's convenient and it's designed with you in mind.

Need more information? Contact us today!



Onsite Services

A Cut Above Salon
Mon, Tue, Wed by appointment only
Thur, Fri 10 am - 2 pm Building 1
(920) 819-3194

STYLIST
Terri Minor
Terri has 18 years experience working with the 55+ community and is a graduate of Gill/Tech Academy of Hair Design. She has a full-service salon and offers services such as: Men's and women's shampoo, haircut, style, perms, color, highlighting or foiling, conditioning, beard and mustache trim, waxing, manicures and pedicures. Call for an appointment today!

We want to hear from you!

Thank you to our Community Engagement Coordinators for all you do to keep our community running smoothly.

Local Services

Spectrum Cable
HOTLINE
(855) 326-5115

Wisconsin Public Service
HOTLINE
Electricity Company Phone: (800) 450-7260
Gas Emergency: (800) 450-7280
Electric Emergency: (800) 450-7240

City of De Pere
PHONE
(920) 339-4050

Rental Agreement Renewals IMPORTANT INFORMATION ABOUT YOUR RENEWAL

We'd like to thank all of our residents who will be renewing their rental agreements with us.

Please provide the Resident Services Office with the following documents when you sign your Rental Agreement Renewal:

- Resident Update Form to include all new updates
- A current copy of your Renters Insurance Declaration Page.

If you have any questions, please let us know.

CHECK IT OUT

Community Newsletters Online HIGHLANDS HAPPENINGS

You can view this edition of your Highlands Happenings newsletter and newsletters from our other Highlands Communities simply by visiting their respective websites. Each website has a "Newsletter" page where you'll find current and archived newsletters. Start reading online today!



Help Us To Better Help You

RESIDENT SERVICES OFFICE VISITS

To ensure we can address your needs promptly and thoroughly, we kindly ask for your support in two ways:

For in-person visits:

- Please schedule an appointment whenever possible.
- If visiting without an appointment, limit conversations to 5 minutes or less for non-urgent matters.

For non-urgent questions:

- Submit detailed requests via email or voicemail. This helps us respond efficiently and identify common topics for future resources.

These steps allow our team to dedicate focused attention to walk-ins and appointments while managing essential behind-the-scenes tasks that benefit our entire community.

Thank you for partnering with us to enhance service for all residents.

*We appreciate your understanding
and cooperation!*

Arden Property Group Portfolio of Communities HIGHLANDS COMMUNITIES AND PARAGON PLACE PROPERTIES

Interested in learning more about other communities in our portfolio? Visit our website at ArdenPropertyGroup.com.

Know someone who may be interested in moving to the Highlands Communities or Paragon Place Properties, refer them to any of the properties in our portfolio to earn a Refer A Friend bonus.

Highlands Communities 55+:

Brookfield	Appleton
Menomonee Falls	Neenah
Mequon	De Pere
New Berlin	Winneconne
Franklin	Weston

Paragon Place Properties:

Madison
Middleton

We appreciate your referrals and look forward to meeting your friends & family!